

Prenatal Class Topics

Our goal is to provide new parents with the information they need to best care for their newborns. We'll discuss topics like:

- Preparing for Baby's Arrival
- Labor: Before, During, and After
- Post-Delivery Care for Mom
- Care for Baby
- Supplies
- Planning Adequate Maternity Leave
- Keeping Your Partner Involved
- Prepping Your Home
- Choosing a Pediatrician
- When to Call Your OB
- Pregnancy-Induced Hypertension
- Stages of Labor
- Natural Births
- Epidurals
- C-Sections
- Lactation
- Feeding and Nutrition
- Postpartum Care and more!



Our Locations

Hospitals & Emergency Centers

- 1705 Jackson St, Richmond, TX 77469
- 22003 Southwest Fwy, Richmond, TX 77469
- 10141 US Hwy 59 Rd, Wharton, TX 77488

Imaging Centers

- 9090 Gaylord Dr, Houston, TX 77024

Physical Therapy Clinics

- 4141 SW Freeway, Houston, TX 77027
- 16636 House and Hahl Rd, Cypress, TX 77433
- 11811 FM 1960, Ste #104, Houston, TX 77065
- 777 S. Fry Road, Ste #104, Katy, TX 77450
- 16333 Mueschke Dr, Cypress, TX 77433
- 1104 S. Friendswood Dr, Friendswood, TX 77546
- 707 North Shepherd Dr, Houston, TX 77007
- 1512 Main St, Richmond, TX 77469
- 23525 Kingsland Blvd, Katy, TX 77494
- 9092 Gaylord Dr, Houston, TX 77024
- 4911 Sandhill Dr, Sugar Land, TX 77479
- 11711 Shadow Creek Pkwy, Pearland, TX 77584
- 1601 Main St, Richmond, TX 77469
- 3100 Richmond Ave, Houston, TX 77098
- 22452 Tomball Pkwy, Houston TX 77070



Prenatal & Breastfeeding Class

Contact Us

OakBend - Williams Way Campus

22003 Southwest Fwy
Richmond, TX 77469

(281) 341-4840

oakbendmedcenter.org

Williams Way Hospital Campus

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Richmond, TX 77469

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Our Labor & Delivery Unit

OakBend offers the expertise you need with more than 1,200 babies delivered each year. Our birthing suites are designed with your comfort in mind; to take you through the labor, delivery and recovery all in the same spacious suite. Each suite is tastefully decorated and includes a full bathroom, television and sitting area complete with Internet access.

We have a designated Lactation Consultant and our staff are all well-trained in breastfeeding.

The Level II Neonatal ICU (NICU), neonatologists and staff are available on site to care for premature babies and infants who need extra monitoring and care following delivery.

Texas Ten Step Program

OakBend's labor and delivery unit has taken a giant step towards improving the health of newborns and infants by earning the Texas Ten Step Program facility designation from the Texas Department of State Health Services. The Texas Ten Step Program encourages breastfeeding as the preferred method of feeding for newborns and infants. OakBend joins a growing number of Texas birth facilities that are supporting new mothers through breast-feeding initiatives, skin-to-skin time, and letting mothers room in with their babies after birth.



Class Schedule

Class is held every 3rd Saturday of the month!
Guided tour is included.

10:00am - 12:00pm

January 21, 2023

February 18, 2023

March 18, 2023

April 15, 2023

May 20, 2023

June 17, 2023

July 15, 2023

August 19, 2023

September 16, 2023

October 21, 2023

November 18, 2023

December 16, 2023

Class Location

OakBend - Williams Way Campus
2nd Floor Education Room

Registration

To register for class, send an email to:

Crystal Garza at cgarza@obmc.org.

Include your first & last name, and the date of the class you plan to attend.

We look forward to seeing you!

What to Bring

- Dress comfortably. Temperatures may fluctuate in the hospital so bring a sweater or small blanket if you get cold easily.
- Light snacks and refreshments will be provided but feel free to bring extra water.
- Bring any questions you may have as well as a notepad and pen to take notes.

